

# SPRING CLEAN YOUR Goals & Dreams



Spend some time reviewing the goals and dreams you set in January.  
Which goals are on track?

---

---

Which goals need a little sprucing up?

---

---

Top 3 goals & dreams I want to spring clean:

1. \_\_\_\_\_ By: \_\_\_\_\_

2. \_\_\_\_\_ By: \_\_\_\_\_

3. \_\_\_\_\_ By: \_\_\_\_\_

What are the benefits to me to reach and accomplish the goals in these 3 areas?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Is there anything I need to give up to accomplish these 3 goals?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

My actions steps are:

1. \_\_\_\_\_ By: \_\_\_\_\_

2. \_\_\_\_\_ By: \_\_\_\_\_

3. \_\_\_\_\_ By: \_\_\_\_\_

Signed: \_\_\_\_\_ Date: \_\_\_\_\_