

# 2018 Reflections:



1. What are 3 things that went well in 2018?

2. What were 3 low points in 2018?

3. What I learned in 2018:

4. Things I'm thankful for in 2018:

5. Things I want to repeat:

6. Things I want to do-over:

7. I would use a magic wand to change:

8. I felt most alive when:

9. Relationships I want to improve:

10. I wasted time with: